



LEVEL 3 CERTIFICATE IN

UNDERSTANDING MENTAL HEALTH

This qualification is designed to increase learners' knowledge and understanding of mental health and mental well-being.

Successful completion of the required units will allow the learner to develop in-depth knowledge and understanding of mental health. It will also support learner progression into relevant employment within the health and social care sector.

It is made up of five mandatory units as follows:

- Understand the role of the mental health care worker.
- Understand mental health conditions in context.
- Living with a mental health condition.
- Mental health conditions and destructive behaviour.
- Understanding treatment of mental health conditions.

Mode of Study:



Online Distance Learning

Level: 3

Duration: 20 weeks

Awarding/validation body:

NCFE Cache

DISTANCE LEARNING



Croydon
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Course Highlights:

- Learn from your own home, in your own time.
- Access to award-winning learning and assessment materials.
- One to one Tutor support available.
- Achieve a nationally recognised level 3 qualification.

Career Opportunities & Further Studies

Successful completion of this qualification will help with progression into a number of job roles within the health and social care sector. Examples of these could be:

- Senior Healthcare Assistant
- Mental Health Support Worker

Further Study could include:

Level 3 Certificate in Understanding Autism

Level 3 Certificate in Understanding the Principles of Dementia Care

Assessment:

You will be assessed throughout your study by a series of assessment questions which are built into the course. Your answers are automatically saved and are available for you to revise and edit at any point before submission. You submit your assessment answers to your Tutor for marking, who will give you feedback on each question.

Entry Requirements:

Applicants will be required to take an English and Mathematics assessment, regardless of previous qualifications. You must achieve a Level 2 in English and at least Level 1 Mathematics to be accepted on this course. You can check your ability by contacting our Admissions team on: **020 8760 5934** or email admissions@croydon.ac.uk

Financial Eligibility:

- Must be aged 19 or over on 31st August
- Must have lived in the UK or EAA for the last three years
- You must EITHER: not already hold a full Level 3 or higher qualification (e.g. four AS Levels or two A Levels etc) OR: have completed a Level 3 or higher qualification before April 2021 AND currently be in receipt of benefits or earn at or below London Living Wage
- Learner must not be completing any other funded courses such as an Apprenticeship or any other Distance Learning course.

If you do NOT meet the criteria for funding you can apply for an **Advance Learner Loan** or contact our Finance Team on 020 8686 5700.

If you would like to find out more about this course, the funding available and how they could help you take the first step in upskilling, retraining or pursuing your ambitions, before you apply then please contact our online distance learning team on distancelearning@croydon.ac.uk

DISTANCE LEARNING



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