



**LEVEL 3 CERTIFICATE IN**

# UNDERSTANDING MENTAL HEALTH

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**This qualification is designed to increase learners' knowledge and understanding of mental health and mental well-being.**

Successful completion of the required units will allow the learner to develop in-depth knowledge and understanding of mental health. It will also support learner progression into relevant employment within the health and social care sector.

It is made up of five mandatory units as follows:

- Understand the role of the mental health care worker
- Understand mental health conditions in context
- Living with a mental health condition
- Mental health conditions and destructive behaviour
- Understanding treatment of mental health conditions.

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**Mode of Study:**



Online Distance Learning

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**Level:** 3

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**Duration:** 20 weeks

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**Awarding/validation body:**

NCFE Cache

DISTANCE LEARNING



Croydon  
College



## LEVEL 3 CERTIFICATE IN UNDERSTANDING MENTAL HEALTH

### Course Highlights:

- Learn from your own home, in your own time
- Work saves automatically to ensure it's never lost
- Access to award-winning learning and assessment materials
- One to one Tutor support available
- Achieve a nationally recognised level 3 qualification
- Gain a qualification that is sought after by employers

### Career Opportunities & Further Studies

Successful completion of this qualification will help with progression into a number of job roles within the health and social care sector. Examples of these could be:

- Senior Healthcare Assistant
- Mental Health Support Worker

Further Study could include:

#### Level 3 Certificate in Understanding Autism

#### Level 3 Certificate in Understanding the Principles of Dementia Care

### Assessment:

You will be assessed throughout your study by a series of assessment questions which are built into the course. Your answers are automatically saved and are available for you to revise and edit at any point before submission. You submit your assessment answers to your Tutor for marking, who will give you feedback on each question.

### Entry Requirements:

You will be assessed throughout your study by a series of assessment questions which are built into the course. Your answers are automatically saved and are available for you to revise and edit at any point before submission. You submit your assessment answers to your Tutor for marking, who will give you feedback on each question.

### Financial eligibility:

- Must be aged 19 or over on 31st August
- Must have lived in the UK or EAA for the last three years
- You must not already hold a full Level 3 qualification (e.g. four AS Levels or two A Levels etc)
- Learner must not be completing any other funded courses such as an Apprenticeship or any other Distance Learning course

If you do NOT meet the criteria for funding and wish to complete this course you can apply for an Advance Learner Loan. You can check your ability by contacting our Admissions team on: **020 8760 5934** or email [admissions@croydton.ac.uk](mailto:admissions@croydton.ac.uk)

### Other relevant information:

- This course is delivered via distance learning, each unit will have a set deadline allowing you to plan your study time to fit in with these dates.
- Learners will receive high level support from their personal tutor
- The allotted time for completion of this course is four months.

**If you would like to find out more about this course, the funding available and how they could help you take the first step in upskilling, retraining or pursuing your ambitions, before you apply then please contact our online distance learning team on [distancelearning@croydton.ac.uk](mailto:distancelearning@croydton.ac.uk)**